## Spiccato First exercises

Start the spiccato with the bow in the air dropping the arm like a little child bouncing a ball.

Your hand doesn't lift the bow from the string, it just controls the rebound.

Focus on getting the feel of the natural elasticity (the bounciness) of the bow.

Notice that there are 7 arm levels. (4 open strings plus 3 double-stops) so when you go from a lower arm level to a higher one, the whole arm must swing upwards in one fell swoop.



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